

Coupon Specials

Savings good through September 30, unless otherwise stated.

In the Grocery Aisles

R.W. Knudsen Family® Juice

Delicious juices in a variety as rich as nature herself! Choose from these juice lines: Organics, Just Cranberry™, Simply Nutritious®, Natural Juices, Very Veggie®, or Recharge® in 32 ounce size.

\$1 off with coupon

R.W. Knudsen Family® Spritzer

Delicious juices paired with sparkling water – what a great thirst quencher! Plenty of all natural flavors to choose from, with no added sugar and no high fructose corn syrup. 10.5 oz. cans in a handy 4-pack.

75¢ off with coupon

Woodstock Farms® Organic Ketchup

The best tasting ketchup for your summer grilled hot dogs, hamburgers, and more! All made with the Reverence for the Land®. All in convenient, travel safe packaging.

50¢ off with coupon

AH!LASKA® Organic Chocolate Syrup

A delicious chocolate that is dairy-, gluten-, sodium-, and peanut-free! The perfect silky smooth topping for ice cream or fresh fruit. Ideal for people with or without food sensitivities.

55¢ off with coupon

Annie's Naturals® Products

All-natural, organic salad dressings, BBQ sauces, ketchup, and more made with only the finest ingredients. Transform your eating into a creative experience.

75¢ off with coupon

Pirate Brands® Snacks

All-natural, baked, trans fat free, and gluten-free – aye, mate, how could you ask for more? And so many to pick from: White Cheddar Pirate Booty, Safari Puffs, Original Tings Crunchy Corn Snacks, and Potato Flyers.

\$1 off two with coupon

Drew's Dressings

Great tasting products made with 100% renewable electricity – for over 15 years, Drew’s has been committed to great taste and saving the planet. Several flavors to choose from in 8 ounce or larger sizes.

\$1 off two with coupon

Cascadian Farms® Organic Cereal

Cascadian Farms products are “certified organic. guaranteed delicious.™” Their entire line of products is produced without synthetic pesticides or chemical fertilizers. Taste the goodness of grain in every bite. Choose from any Cascadian Farm cereal.

\$1 off with coupon

In the Refrigerator/Freezer

Cascadian Farms® Frozen Fruits and Vegetables

Cascadian Farms products are “certified organic. guaranteed delicious.™” Their entire line of products is produced without synthetic pesticides or chemical fertilizers. Taste the goodness of grain in every bite. Choose from any Cascadian Farm cereal.

\$1 off with coupon

Natural Choice® Fruit Bars or Organic Sorbet

Taste the difference that real, organic fruit makes! Full of Fruit Frozen Fruit Bars come in multi-packs of single flavor bars. All sorbet are fat-free, dairy-free, and cholesterol-free and come in pints in many flavors! No additives, preservatives, or artificial flavors.

\$1 off with coupon

Cool Fruits® Fruit Juice Freezers

All natural, 99% fruit juice, these kid-pleasing icy treats contain no artificial colors or additives, and no added sugar. Awarded the Fruits and Veges—More Matters™ seal of approval from the Produce for Better Health Foundation.

50¢ off two with coupon

Sunshine Burgers® Patty or Burger

These gourmet pre-cooked vegan “burgers” are wheat-, gluten-, soy-, and dairy-free and packed with the protein of sunflowers! Choose Breakfast, Falafel, or Barbeque Organic.

\$1 off two with coupon

Food for Life® Meatless Products

Fabulous Vegan Beef and Chicken Patties that are quick and easy to prepare – and which you can feel good about enjoying. Choose from any in-stock variety.

55¢ off with coupon

Food for Life® Organic Sprouted Whole Grain Buns

These buns are 100% flourless, complete protein, high in fiber and full of a rich, nutty flavor! No added oils, no preservatives. Kosher. Several varieties to choose from, too.

55¢ off with coupon

In the Health, Beauty, and Household Aisles

BWC Hair Care Products

Beauty Without Cruelty hair care products are made from the finest natural ingredients and organic aroma-therapeutic essential oils. Choose 100% vegan shampoos and conditioners you don't need to feel guilty about. No synthetic or engineered fragrances, no animal testing, S.L.S. free, paraben-free, and pH balanced. Choose any in-stock item.

\$1.50 off two with coupon

Biokleen™ Household Cleaners

The save, natural way to clean just about any surface in your home. Choose from in-stock supplies of bathroom cleaner, multi-purpose floor cleaner, ammonia-free glass cleaner, and others.

\$1 off two with coupon

Featured Items

Dr. Praeger's® Frozen Products

Great ideas for a "grab 'n go" lunch or a simple meal on the porch or patio. Choose California Veggie Pockets, Tex-Mex Veggie Pockets, meatless All American Burgers, meatless Southwest Burgers, All-Natural Chickenless Patties, or Hot 'n Spicy Buffalo Chickenless Patties.

Food for Life® Ezekial 4:9 Prophet Pocket Bread

Foods for Life's delicious, nutritious breads are made in small batches, and each loaf gets days of attention and care from master bakers who use age-old techniques to create a moist, light texture that's ideal for toast or sandwiches.

Amy's Naturals Light in Sodium Cheddar Cheese Burrito

A handful of goodness made with organic beans and rice, and all natural cheddar cheese. Great as a change from sandwiches for lunch, or as a nutritious afternoon snack.

Gluten-Free Cheesecake

It's a dream come true! All-natural cheesecakes are 100% gluten-free. So what's keeping you? Choose Agave Sweetened New York, White Chocolate Raspberry, Hazelnut with Chocolate Crust, or New York style.

So Delicious Dairy Free Sorbets

An icy cool treat that really lives up to its name – all the flavors are so delicious! Made from coconut water and natural ingredients. Take home a pint of every flavor: Lemonade, hibiscus, or mango.

Wallaby Organic Cultured Sour Cream

European style sour cream made from milk from traditional cows. 16 ounce containers.